



Canolfan Felin Fach Centre Ltd.

Company Number: 3280924 - Charity Number: 1060770

Canolfan Felin Fach Centre in Pwllheli is celebrating a grant award of £199,289 from the Big Lottery Fund.

The grant - over three years - will enable Canolfan Felin Fach Centre to employ three full time support workers for their Step by Step project.

The project will :

Develop a drop-in support and information service in five villages in Pen Llyn, and research the need for similar drop-in provision in other areas in the locality.

Develop a programme of leisure pursuits and "fresh air" activities and provide support for individuals who want to take part.

Provide practical help and support for people who are experiencing difficulties with housing related issues.

Canolfan Felin Fach Centre is a resource centre for voluntary groups, and some statutory agencies that are involved with mental health, alcohol and drugs issues in Pwllheli. The Centre also provides an "open door" drop-in information and support service for individuals who are experiencing or recovering from mental health, alcohol or drugs related problems every week day from 10am to 7pm.

Christine Hughes - Centre manager said that this grant award from the Big Lottery Fund will make a significant difference by enabling the Centre to develop the support service to individuals that will help them to achieve and maintain a level of positive mental health and wellbeing -providing the means for them to access information and services that will enable them to live their life as independently as possible . Through social and recreational activities, people with mental health related issues will have an improved quality of life and reduced isolation.

We hope to recruit voluntary workers who will work alongside the Centre's staff to help facilitate the Step by Step Project's activities - anyone interested can contact Christine Hughes for further information on 01758 701611.



Cefnogwyd gan

Y Loteri Genedlaethol

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